MALAYSIA MARATHON 2026

21.192KM

CERTIFICATE OF ACHIEVEMENT

This certificate is awarded to

Name:

JOCK LAI

Bib No:

23936

Category:

21KM Malaysian Men Veteran

for successfully completing the

MALAYSIA MARATHON

RANKING

Distance (Overall)	Gender (Overall)	Category
3379/4738	2658/3481	681/911

FINISH TIME

Gun Time	Chip Time	Speed	Pace
3:37:30	3:16:32	6.5	9:06

SPLIT TIME

KM2.0	KM3.3	KM5.0	KM13.0	KM21.0
16:29	26:00	40:27	1:54:48	3:11:24

YB DATO SRI TIONG KING SING
MINISTER OF TOURISM, ARTS AND CULTURE IN MALAYSIA

Visit Malaysia 2026-2027 Truly Asia

TOURISM MALAYSIA

AIMS